



Sun			Wed	Thu	Fri	Sat
Everyday Activities Welcome Hour Balance and Flex Exercises Crafts , Painting, Musical Entertainment Lunch and Snacks Quiet Time Board Games , Puzzles, Ca Reading			1— <u>Wordy WedNESSday</u> 9am Welcome News 11am Noodles and Balloons <u>Lentil Soup, Burgers w/ red potato, salad</u> 1pm Garbage game 2pm Hybrid NESS Club 3pm Tea Time—Hang People	2— 9am Welcome News 11am Bean bag toss <u>Make Veg Soup, burgers or hot dogs, potato salad.</u> 1pm Garbage 2pm Tea Time—	3— 9am Welcome News 10am Ring Toss 11am Parachute <u>Veg soup, Fish & Tator Tots</u> 1pm Bingo 2pm Hybrid NESS Club 3pm Tea Time—Hang People	4— We usually serve fish on Fridays . We serve vegetarian alternatives everyday
	5—	6— 9 am Welcome News 11am Kickball <u>Breakfast for Lunch: Fruit, Sauce, eggs, French Toast</u> 1pm Bingo/ Garbage 2pm Hybrid NESS Club 3pm Tea Time—Trivia	7— 9am Welcome News 11am Ring Toss <u>Salad, turkey sausage, fried apples.</u> 1pm Garbage game 2:30pm Tea Time	8— <u>Wordy WedNESSday</u> 11am Parachute <u>Chips and Dips, Tacos, Spanish Rice</u> 1pm Garbage game 2pm Hybrid NESS Club 3pm Tea Time—Dee's Birthday Party #1	9— 9am Welcome News 11am Darts <u>Chips and Dips, Taco, Spanish Rice</u> 1pm Garbage game 2pm Tea time-Card game DEE's Birthday	10— 9am Welcome News 10am Noodles and Balloons 11am Bean Bag Toss <u>Salad, Clam Chowder w/ rolls</u> 1pm Bingo 2pm Hybrid NESS 3pm Tea Time—Dee's Birthday Party #2
	12—	13— 9am Welcome News 11am Parachute <u>Lentil Soup, Chicken and Rice, sweet potatoes.</u> 1pm October game/ Bingo 2pm Hybrid NESS Club 3pm Tea Time—Trivia	14— 9am Welcome News 11am Ring Toss <u>Salad, chicken salad sandwiches, apple slices</u> 1pm Oct game 2:30 pm Tea Time	15— <u>Wordy WedNESSday</u> 9am Welcome News 11am Kickball <u>Salad, Pigs in a Blanket, Quiche muffins,</u> 1pm Bingo 2pm Hybrid NESS Club 3pm Tea Time—Hang People	16— 9am Welcome News 11am Ring Toss <u>Salad, leftovers, apples slices</u> 1pm Clay Modeling 2:30 pm Tea Time 3rd Thursday Caregiver Support Group (muffins and pigs in a blanket)	17— 9am Welcome News 10am Ring Toss 11am Bean Bag Toss <u>Lentil Soup, Grilled Cheese/ Tuna Melt w/ applesauce</u> 1pm Painting w/ Larry 2pm Hybrid NESS 3pm Tea Time—Hang people
	19—	20— 9am Welcome News 11am Ring Toss <u>Salad, Veggie Chili, chili meat, and cornbread keto</u> 1pm Yahtzee —Bingo 2pm Hybrid NESS Club 3pm Tea Time—Trivia	21— 9am Welcome News 11am Darts <u>Salad, Chili dogs, Chips</u> 1pm Clay Modeling 2:30 pm Tea Time	22— <u>Wordy WedNESSday</u> 11 am Noodles and Balloons Food Heroes: Charuterie Board, Larry's Lasagna, and garlic bread 1pm Halloween Bingo 2pm Hybrid NESS Club 3pm Tea Time-Pictionary	23— 9:00 am Welcome News 11am Darts Salad, Italian Leftovers 1pm Garbage 2:30 pm Tea Time	24— 9am Welcome News 11am Bean Bag Toss <u>Salad, baked fish or hot dog, tater tots</u> 1pm Bingo 2pm Hybrid NESS 3pm Tea Time—Hang People
	26— 	27— 9am Welcome News 11am Kickball <u>Pumpkin soup, Meatloaf, baked potatoes, broccoli</u> 1pm Garbage-bingo 2pm Hybrid NESS Club 3pm Tea Time -Trivia	28— 9am Welcome News 11am Parachute <u>Salad, Meatloaf sandwiches</u> 1pm Clay Modeling 2:30 pm Tea Time	29— 9am Welcome News 11am Ring Toss Salad Pizza 1pm Poetry and Prose 2pm Hybrid NESS Club 3pm Tea Time Halloween	30— 9am Welcome News 11am Parachute <u>Salad and Pizza leftover</u> 1pm Clay modeling 2:30 pm Tea Time—Black jack	31— Halloween Party 9am Welcome News 11am Pumpkin Drawing <u>Pumpkin soup, ham or shrimp melts, chips and dip</u> 1pm March of the Masks 2pm Hybrid NESS 3pm Tea Time—Black jack

